

**St. Peter's
Lunch**

October 1 - October 31

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MIXED FRUIT CUP CONTAINS THE FOLLOWING: (Peaches,Pears, and Pineapple) MIXED VEGETABLES CONTAIN THE FOLLOWING: Peas,Carrots,Corn,Green Beans	1 BBQ Beef Riblet on Wheat Hamburger Bun - 1 Diced Carrots - 1c Fresh Apple - 1 Milk-8 oz.	2 Chicken Burger on Wheat Hamburger Bun-1 Seasoned Diced Potatoes - 3/4c Fresh Banana -1 Milk - 8oz.	3 French Toast Sticks-3 Turkey Sausage Links-3 Mixed Fruit Cup 1/2c . Milk 8oz	4 First Friday No Lunch 12:30 Dismissal
7 W/G Chicken Fingers -3 French Fries - 3/4c Craisins - 1/2c. Whole Wheat Dinner Roll-1 Milk-8 oz.	8 All Beef Hamburger on Wheat Hamburger Bun - 1 Green Beans -3/4c. Mixed Fruit Cup- 1/2c Milk-8 oz.	9 Beef Nachos w/ Cheddar Cheese Sauce on W/G Tortilla Scoops-1 Fresh Baby Carrots -1c w/Dip Fresh Banana -1 Milk-8oz.	10 Grilled Chicken Fillet with Gravy - 3oz. Mashed Potatoes - 3/4c. Fresh Apple - 1 Whole Grain Bread - 1 Milk-8 oz.	11 Whole Wheat 3x5 Cheese Pizza-2 Romaine Salad w/ Dressing-1 1/2 c. Fresh Orange-1 Milk-8 oz.
14 Columbus Day School Closed	15 Professional Day School Closed	16 Crispy Chicken Drummies-4 French Fries-3/4c. Fresh Apple - 1 Wheat Dinner Roll-1 Milk-8 oz.	17 Meatball Parm W/G Sub Roll Fresh Baby Carrots w/ Dip-1 c. Fresh Apple - 1 Milk-8 oz.	18 Tony's Pizza-4.5oz. Romaine Salad w/ Dressing-1 1/2 c. Fresh Orange-1 Milk-8 oz.
21 Macaroni & Cheese -6oz Black Bean & Corn Salad-3/4c Craisins - 1/2c. Milk-8 oz.	22 Spaghetti & Beef Meatballs w/ Sauce -3oz Diced Pear Cup - 1/2c. Whole Grain Bread - 1 Milk-8 oz.	23 Beef Meatloaf w/ Ketchup-3oz Mashed Potatoes-3/4 c. Fresh Orange-1 Whole Grain Bread - 1 Milk-8 oz.	24 Grilled BBQ Chicken Fillet on W/W Bun-1 Mixed Vegetables-3/4c Mixed Fruit Cup - 1/2c Milk-8 oz.	25 Whole Wheat 3x5 Cheese Pizza-2 Romaine Salad w/ Dressing-1 1/2 c. Fresh Orange-1 Milk-8 oz.
28 Teriyaki Beef Dippers-3oz. Rice- 3/4c. Wheat Dinner Roll - 1 Craisins - 1/2c. Milk-8 oz.	29 Crispy Chicken Drummies-4 Seasoned Diced Potatoes - 3/4c. Fresh Banana - 1 Wheat Dinner Roll-1 Milk-8 oz.	30 W/G Grilled Cheese Sandwich-1 Fresh Baby Carrots -1c w/Dip Pineapple Cup - 1/2c. Milk-8oz.	31 Popcorn Chicken w/sweet & sour Sauce French Fries 3/4c Fresh Apple - 1 Whole Grain Bread - 1 Milk-8 oz.	